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*To prevent and treat disease and disability; to promote healthy lifestyles; and to protect and promote the health and quality of our environment.*

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# NEWS

**CONTACT:** Patti Murphy, Public Information Officer,  
(208) 327-8639 / Cell: (208) 871-1712  
Cindy Howarth, Immunization Supervisor,  
(208) 327-8586

## **CENTRAL DISTRICT HEALTH WILL BEGIN FLU IMMUNIZATIONS OCT. 28**

**BOISE, Idaho,** October 18, 2002 – Flu season will soon be here and the Central District Health Department (CDHD) will begin giving low-cost influenza vaccinations on Oct. 28 at its three clinic locations in Boise, McCall and Mountain Home.

During the week of Oct. 28 – Nov. 1, the CDHD will have a special flu immunization schedule at the following locations: Boise main office, 707 N. Armstrong Place, 8 a.m. – 4 p.m., Monday through Friday, 327-7450; McCall office, 703 N. First St., call 634-7194 for clinic times; Mt. Home office, 520 E. Eighth St., 8 a.m. – noon, Monday, Tuesday, Thursday and Friday, 587-4407. The cost for a flu shot is \$11, and Medicare and Medicaid cards are accepted. After Nov. 1 flu shots will be given during normal immunization clinic hours. Clients can call for more information.

Cindy Howarth, supervisor of the CDHD immunization program, said the department currently has 10,000 doses of influenza vaccine. “We are encouraging everyone to get their flu shot this year, but it is especially important for people at highest risk for illness to get in and get vaccinated by the end of October,” she said. “This includes people over age 50, those who have heart, lung or other chronic illnesses, residents of nursing homes and women who are more than three months pregnant,” she said. “We would also encourage caregivers of the elderly and the chronically ill to get their immunizations immediately.”

**-MORE-**

**FLU IMMUNIZATIONS**  
**ADD -1-1-1-**

This year the federal Centers for Disease Control has a new recommendation that children 6 months to 23 months of age receive a flu shot due to the high rate of hospitalizations from influenza in that group. Previously, flu shots were given only to children older than 6 months of age with chronic health conditions.

For more information call CDHD immunization office at 327-7450.

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